

A collection of resources and articles authored by Directors of Youth Ministry & experts in the field!



For a wealth of resources on these topics, please visit www.arlingtondiocese.org/youth-ministry/the-well/





#### **Getting Started**

A sample program, tips and ideas for new DYMs, fundraising, budgeting, learning acronyms

#### Advocacy

Advocating for young people, understanding adolescence, creating family based ministry

#### Catechesis

Walking with young people, four pillars of the Catechism, continuing your education, using apologetics

# Community Life

Planning retreats, special needs ministry, group building, icebreakers, theater, sports, scouting

# Evangelization

Incarnational and relational ministry, hospitality, public schools, music, arts, social media

#### Justice and Service

Catholic Social Teaching, local service opportunities, Sanctity of Human Life, immigration

## Leadership Development

Leadership qualities and skills, volunteer recruitment, self evaluation, conflict resolution

## **Pastoral Care**

Counseling services, vocations, modesty, mental health, grief, sexual identity, human trafficking

## Prayer and Worship

Examination of Conscience, What is in a Catholic Church?, various prayer experiences

# **Multicultural Ministry**

Ministering to specific cultures, bicultural & bilingual youth, acculturation orientations

#### Safe Enviroment

All legal items, Code of Conduct, permission slips, driving information, policies, best practices